health shield
The best of health

Neurodiversity Advice and Support

Understand individual needs and find the right support



Every workplace is made up of different minds, but neurodivergent colleagues are too often left without the practical support they need to thrive.

Neurodiversity Advice and Support gives Members a personalised starting point through a structured digital assessment, helping them understand their needs, access practical tools and CBT-based techniques, and take the right next steps, including relevant NHS pathways, specialist support and, where suitable, self-funded ADHD and Autism assessments.

The Need

People can experience challenges linked to neurodiversity without fully understanding what is driving them, what strategies could help or where to turn for support.

The Service

A personalised digital assessment and support plan, with practical tools, CBT-based techniques, guidance and educational content tailored to the Member's needs. Members are also guided towards appropriate further support, including self-funded ADHD and Autism assessments where appropriate.

The Difference

Members can better understand their needs, access practical strategies relevant to them and find the right next step, whether that's self-management, further support or a formal assessment.

Wellbeing Service

For Your Clients

Clients are being asked more and more about neurodiversity support. This gives them a clear, credible answer and a dedicated pathway that's included in the plan.

Get In Touch

We'd love to talk through how Neurodiversity Advice and Support fits your clients and help you position it clearly and accurately. We're here to support you every step of the way.

ADHD and Autism assessments are self-funded and aren't included in the plan.

This non-insurance service is provided by a third-party supplier and may be withdrawn or amended independently of the insurance policy.

Provided by Mindstep (Mindset Technologies Ltd), delivered in partnership with Onebright Group.

Discover more at **healthshield.co.uk**